

EYSENCK PERSONALITY INVENTORY

by H. J. Eysenck and Sybil B. G. Eysenck

PERSONALITY QUESTIONNAIRE

FORM B

NAME..... AGE.....

OCCUPATION..... SEX.....

N=

E=

L=

Instructions

Here are some questions regarding the way you behave, feel and act. After each question is a space for answering "YES" or "NO".

Try to decide whether "YES" or "NO" represents your usual way of acting or feeling. Then put a cross in the circle under the column headed "YES" or "NO". Work quickly, and don't spend too much time over any question: we want your first reaction, not a long-drawn out thought process. The whole questionnaire shouldn't take more than a few minutes. Be sure not to omit any questions.

Now turn the page over and go ahead. Work quickly, and remember to answer every question. There are no right or wrong answers, and this isn't a test of intelligence or ability, but simply a measure of the way you behave.

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FORM B

1. Do you like plenty of excitement and bustle around you? YES NO
2. Have you often got a restless feeling that you want something but do not know what?
3. Do you nearly always have a "ready answer" when people talk to you?
4. Do you sometimes feel happy, sometimes sad, without any real reason?
5. Do you usually stay in the background at parties and "get-togethers"?
6. As a child, did you always do as you were told immediately and without grumbling?
7. Do you sometimes sulk?
8. When you are drawn into a quarrel, do you prefer to "have it out" to being silent, hoping things will blow over?
9. Are you moody?
10. Do you like mixing with people?
11. Have you often lost sleep over your worries?
12. Do you sometimes get cross?
13. Would you call yourself happy-go-lucky?
14. Do you often make up your mind too late?
15. Do you like working alone?
16. Have you often felt listless and tired for no good reason?
17. Are you rather lively?
18. Do you sometimes laugh at a dirty joke?
19. Do you often feel "fed-up"?
20. Do you feel uncomfortable in anything but everyday clothes?
21. Does your mind often wander when you are trying to attend closely to something?
22. Can you put your thoughts into words quickly?
23. Are you often "lost in thought"?
24. Are you completely free from prejudices of any kind?
25. Do you like practical jokes?
26. Do you often think of your past?
27. Do you very much like good food?

28. When you get annoyed, do you need someone friendly to talk to about it? YES NO
29. Do you mind selling things or asking people for money for some good cause?
30. Do you sometimes boast a little?
31. Are you touchy about some things?
32. Would you rather be at home on your own than go to a boring party?
33. Do you sometimes get so restless that you cannot sit long in a chair?
34. Do you like planning things carefully, well ahead of time?
35. Do you have dizzy turns?
36. Do you always answer a personal letter as soon as you can after you have read it?
37. Can you usually do things better by figuring them out alone than by talking to others about it?
38. Do you ever get short of breath without having done heavy work?
39. Are you an easy-going person, not generally bothered about having everything "just-so"?
40. Do you suffer from "nerves"?
41. Would you rather plan things than do things?
42. Do you sometimes put off until tomorrow what you ought to do today?
43. Do you get nervous in places like lifts, trains or tunnels?
44. When you make new friends, is it usually you who makes the first move, or does the inviting?
45. Do you get very bad headaches?
46. Do you generally feel that things will sort themselves out and come right in the end somehow?
47. Do you find it hard to fall asleep at bedtime?
48. Have you sometimes told lies in your life?
49. Do you sometimes say the first thing that comes into your head?
50. Do you worry too long after an embarrassing experience?
51. Do you usually keep "yourself to yourself" except with very close friends?
52. Do you often get into a jam because you do things without thinking?
53. Do you like cracking jokes and telling funny stories to your friends?
54. Would you rather win than lose a game?
55. Do you often feel self-conscious when you are with superiors?
56. When the odds are against you, do you still usually think it worth taking a chance?
57. Do you often get "butterflies in your tummy" before an important occasion?

PLEASE CHECK TO SEE THAT YOU HAVE ANSWERED ALL THE QUESTIONS