

Chapter 4 Gender and identity

In this chapter you will:

- Explore ideas about gender and identity
- Understand that gender can be socially constructed
- Examine and investigate masculine and feminine identities

4.1 Introduction

Much of the way that we can both think about ourselves and describe ourselves is through binary oppositions. Are we old or young, black or white, rich or poor? Do we live in the east or west, north or south? In gender terms, are we a man or a woman? Our answers to these all combine to give us our sense of personal identity. Perhaps using the plural 'identities' is more accurate, because there is no one single identity that completely defines us. Likewise we can shift between identities as we move through our daily lives. Think about how you change your identity as you interact with different people, in different situations and for different purposes.

This suggests that our identity is not 'fixed'; the experiences that we gather through our lives can change our identity. Becoming a parent, having a specific job role and aging can all alter our sense of who we are. However, one key factor that influences our identity is our gender. We may see this identity in a fixed sense or as a shifting one in our modern world, which is more aware of complex gender and sexuality issues and where binary distinctions are less evident.

KEY TERM

binary oppositions: a pair of related terms that are opposite in meaning

ACTIVITY 4.1

Exploring identities

A good place to start with thinking about identity is to look at yourself and reflect on the kind of identities you present to your family, friends and the other people that you are networked with.

Survey your online accounts: Twitter, Facebook, Instagram, Snapchat and any blogs or forums you contribute to. Look at the following questions and ask yourself how each of these creates or presents aspects of you.

- What do your Facebook 'likes' or the people or organisations on Twitter that you follow say about you?
- What kinds of things do you post about or comment upon?
- What about the visual images you post?

4.2 Identity in discourse: socially constructed selves in private talk

One of the current approaches to the study of gender and language is social constructivism. What's important in this approach is the ways that the language we use constructs (or creates) gender. This contrasts to the previous theoretical approaches that concentrated on language as reflecting gender and the differences between men and women's language choices, and suggested that we speak in a certain way because we are female or male. Central to social constructivism is the focus on what is communicated by, to and about women and men.

4.2.1 Exploring identity and the social constructed self

Look at Text 4A, an interaction between a mother and her son Charlie, aged 16. This took place at home at the dining table, a place commonly used to interact as a family. It was not a spontaneous interaction but was set up by the mother who wanted to record her son for a project on regional accents. Her task was to get her son to talk for about ten minutes. Although the talk is not about gender, it raises some issues of identity and gender in the content of the talk. In this talk, they discuss Charlie's enjoyment of football, both playing it for a local team and casually with friends as a leisure activity.

As you read, reflect on the ways the talk, its content and the style link to ideas of gender as being constructed:

- 1 in an active way (by the speakers)
- 2 interactively (through communicating with others)
- 3 in a negotiated manner (as speakers come to an understanding between them).

Text 4A

Mum: you can talk about footbal

Charlie: yeah cos I've spent about six hours just watching it today when I should have been revising I spent six hours watching it I couldn't couldn't get away from it (.) I've got to watch it to see if Leicester win the league (.) I'm literally just such a generic little teenager aren't I [Mum laughs] just your typical teenager I enjoy it (.) it's good isn't it like (.) seeing everyone especially playin' for Signal cos I see all my Maple lads then

well you like playing it more than watching it (.) because you

Mum:

haven't really got a team you've given up Chelsea now Charlie: yeah [laughs] I'm not gonna lie I just I don't I don't see

yeah [laughs] I'm not gonna lie I just I don't I don't see the point in supporting them anymore I'd rather just (.) you know watch it and just enjoy (.) it all (.) but it is more what I'm in to because sometimes (.) sometimes I get such an urge to play football it's really weird so I can't wait to have my car and drive to Wardley and go and play football it'll be so good (2.) but it's a bit (.) of effort like getting up this morning was the worst thing (.) it's effort now cos it's different going from playing (.) under 11 and stuff (.) and now going to under 16s no one cares like today (.) you know how we won it was like our first win of the season and it was against nine men that's why we won (.) because we were playin' a team with nine men [laughs] it's the only reason we won [Mum laughs] an' when I tell Oscar about it I exclude that information

Mum:

you do

Charlie:

when I'm going to school I texted Oscar before sayin' we won 4–2 (.) but I'm not going to mention that they only had nine players and we had eleven [Mum laughs] but it's a bit sad to be honest but then it's also nice at the same time it's (.) quite a cheap hobby I think cos you just pay for some boots you literally pay a hundred quid a year and I just go and do it all the time

You might have noticed that it is Charlie's mum who introduces the topic of football, almost instructing him to talk about it, using it as a means to encourage her son to begin talking. This conversation demonstrates what social constructivists would call an interactive and negotiated construction of the son's gender. From the start the mother positions her son within the masculine stereotype of being interested in football by saying at the start, 'you can talk about football'.

In this section of the talk, the son is aware of his teenage identity and explicitly references this in the noun phrases 'generic little teenager' and 'typical teenager'. This self-positioning as a teenager first is also evident in his language use. His age (and perhaps gender) identity is also encoded into his speech style with the clipping of words like 'playin' and 'an', reflecting a non-standard use that suggests the boy gets some covert prestige with using such forms despite talking to his mother! This construction of himself as a teenager is evident too in his repetition of 'effort', a current clichéd term used by teenagers to show their annoyance at being asked to do anything.

the sounds, usually at the beginning or ends of words Clipping: the process of shortening words by not articulating some of

standard variety of English Covert prestige: the status and prestige gained from using a non-

4.3 Exploring identity and masculinities

successful male. this information as this would not construct an identity to his friend of him as a reason – playing a side with fewer players. He chooses to deliberately exclude mother in this private context how he tells his friend about winning but not the be aware of how he might be perceived by his male friends, disclosing to his but, more importantly to him, the playing of the game. In this, he seems to When talking about football, Charlie presents his feelings about watching football

briefly in Chapter 1) seen in both amateur and professional football teams. is typical from being part of the community of practice (a concept we explored by these kinds of address terms and so he is calling upon a way of talking that connected with a representation of men as powerful and dominant. Here he may be calling upon his own knowledge that the language of football is dominated (1987) calls hegemonic masculinity as sports and competition are stereotypically with the plural pronoun we to refer to his team. This is what Raewyn Connell His language choices construct gender, with references to men and lads, along

KEY TERM

status in society the idealised male group that is seen as having the most power and Hegemonic masculinity: behaviours and language associated with

masculinity that he performs for his friends football, describing it as his 'hobby', constructing for her a softer version of the uses adjectives like 'sad' and 'nice' to talk about his feelings about playing However, maybe as he is talking to his mother and not his friend he also football he is positioning himself to this version of masculinity in his talk. When he expresses his 'urge' to play the game as a preference to watching

> school after their GSCE exams. shifts to his upcoming prom, a dance held for students to celebrate the end of Let's explore another section of the talk between Charlie and his mother in Text 4B. This looks at how he presents himself in a different way as the topic

Text 4B

Charlie: no we've still got quite a bit to get I think it's worth it though how I like to put it to Paige it is it just looks so good cos I love that suit it looks like so dapper [Mum laughs] that's

Mum: have you had a look yet at shirts and thing:

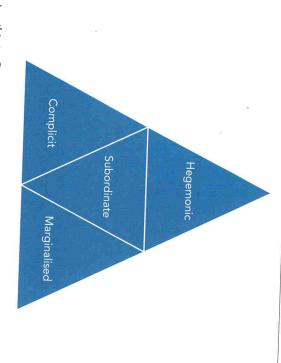
Charlie: [mum laughs] he's my prom date suits already look similar and we'll have the same watches and me and Oscar just on photos it'll look just so bad it'll be cute it and I thought it was better but then we'll be turning up in our Armani one [laughing] it was free wasn't it (.) so he can just have mum got him a watch for prom an I said he can have my fake know what I was um I was speaking to Oscar cos he cos his getting there (.) don't know what we're going to do (2.0) do'y after prom we got to sort that out an' I've not even sorted out it right now tryin' to sort everything out cos obviously there's er no not really (.) I need t' sort it out (.) but I need to see everyone's so buzzin' for it though everyone's just talking about how long the sale (.) carries on for for at House Of Frazer (.)

by others. his view of himself as a teenage male and the ways that he wants to be seen representation of a 'gender' is complicated by other factors, for example present a gay identity, seemingly showing within one brief conversation how the masculinity in his football talk, using a feminine language repertoire to almost identity that differs from his earlier positioning of himself as part of a hegemonic friend, who he jokingly refers to as his 'prom date'. He is actively presenting an is seen later in his selection of the (what Lakoff would term) empty adjective practised this phrase too on his female friend Paige. This feminine language dressed fashionably) seems to show her approval and he has clearly already 'cute', another supposed example of female language to mock himself and his them. His mother's laughter at him calling himself 'dapper' (meaning a man women he interacts with, calling upon this softened masculinity to appeal to be calling upon these subconsciously to position himself in relation to the like 'I think' and intensifiers like 'so dapper' and 'so good'. However, he could you read about in Chapter 1) found associated with women. He uses qualifiers Lakoff (one of the main gender researchers in the 'dominance' approach that In many ways here, Charlie calls upon some of the language choices that Robin

and femininities 4.3.1 Constructing different masculinities

something like the Pyramid of power in Figure 4.1. some gendered identities at the top and others at the bottom. If we relate this to Connell's categories of masculinities, which we will look at shortly, it could look powerless. Kate Bornstein (1998) views gender as a pyramid of power with in more than one way as well as being associated with being powerful and seems relevant to discuss how femininity and masculinity might be constructed has performed and constructed different versions of his masculine identity, so it feminine and masculine binary. We have just seen how Charlie, a teenage boy, Throughout the book we have been challenging the notion that there is a

Figure 4.1: Pyramid of power



as lesser forms to the all-powerful hegemonic one: outstanding sportsman. Connell's three further types of masculinities are viewed success that show men's physical and competitive power such as being an and in important public roles in society. It is also connected to the types of would be because it's the masculinity associated with success in the workplace of masculinity, hegemonic masculinity, would be at the top of the pyramid. This Applying this to Connell's models of masculinities, the most stereotypical version

Subordinate masculinity: showing qualities opposite to hegemonic and of being assertive, strong and manly. We saw this in Chapter 3 where we in other words those men who do not live up to the heterosexual stereotype labelling of men seen as subordinate as 'gay' or in the 'geek' or 'nerd' male; therefore viewed as weaker/inferior. This can often be seen in the negative

> weak and not fulfilling masculine roles as successful professional men. investigated the media's negative representation of stay-at-home fathers as

- Complicit masculinity: not fitting the masculinity criteria for hegemonic qualities of men who have physical or social power. masculinity but a man who does not challenge it because they admire the
- Marginalised masculinity: having masculinity that fits the characteristics of could be race or because they have some kind of physical disability. hegemonic masculinity but is excluded on the basis of other factors. These

masculine and feminine identities. (the cheerleaders) to recognise the power imbalance between these stereotyped successful football players and sportsmen of the school) and their equivalents have only to think of the clichéd American school films featuring jocks (the femininity, immediately placing female identity as less powerful to men. You In fact, Connell does not use an equal term for masculinity, calling it emphasised In contrast, the hegemonic femininity associated with women is not about social power but instead depends on women's appearance and physical attractiveness.

KEY TERM

behaviours and attributes such as physical appearance of men by accommodating the interests of men through feminine Emphasised femininity: a complement to the hegemonic masculinity

through phonological choices 4.4 Identity and constructing selves

of current interest to linguistic researchers: uptalk and the vocal fry. sense of power but the sounds of speech and there are two phonological areas language is powerless rather than powerful. It's not just words that can create a speech styles still seem to revert to the argument about whether women's tag questions as a female speech trait, debates over the differences in women's In a similar way to the continuing debate over Robin Lakoff's identification of

KEY TERMS

declarative statements end with rising intonation Uptalk: also known as high rising terminal, it refers to where

vocal cords and characterised by a creaking sound and low pitch Vocal fry: a vocal effect produced by the very slow vibration of the

not just be used by women. inflection can actually have a variety of meanings in different situations and may parodied this stereotype of young women as unintelligent and slightly emptyheaded. However, more recently linguists have found that this use of the rising with a rising intonation, making it sound more like a question. For example, 'I'm Californian women's speech style of the time. Popular films of the time also from a popular song of the 1980s in America that made fun of young white 'I'm having a great day?' It used to be called Valley Girl speak, taking its name researchers define as 'uptalk'. This is where a declarative sentence is produced in young women's speech styles. Firstly this can be seen in what sociolinguistic One of the most recent social phenomena noticed in American English has been having a great day' would be produced in the way that it seems like a question:

as a defence mechanism against being interrupted. conversational turn had not finished. In this study, women spoke with the floor-28 per cent of the time. One striking conclusion was that women may use uptalk holding rise nearly 60 per cent of the time compared to men, who used it only the conversational floor as the rising intonation signalled to the listener that their understood them. Adopting the uptalk strategy also allowed the speaker to hold rising intonation as acting as a confirming statement, checking that the listener similar frequency. So, what did the researchers conclude from this? They saw the were making a simple, declarative statement, men and women used rises with sentence and hit higher pitches. Yet, one key similarity was that when speakers almost twice as often as men and women's rising intonation began later in a although they still found some gender-based differences. Women used uptalk dialect of Southern California) they found that both women and men use uptalk, 23 young adult Southern Californians from contrasting backgrounds, including 11 men. Renaming uptalk 'SoCal English' (an abbreviation for the accent and Researchers from the University of California conducted an experiment with

KEY TERMS

English and the associated stereotype of girls who use this Valley Girl speak: the colloquial dialect associated with Californian

you wish to say or until someone interrupts you Hold the conversational floor: speak until you have finished what

4.4.2 Vocal fry

immature and lacking in intelligence. believe that it gives young women a kind of stereotyped identity as slightly like a man) and part of their professional identity. In a contrary view, others being taken more seriously in the workplace (perhaps because they sound more are both positive and negative interpretations associated with it. Because of its a vibration that elongates some words. For example, with vocal fry a word like lower pitch, some people suggest that women are assuming it as a means of have noticed that American women particularly use vocal fry. Like uptalk, there Vocal fry is where a speaker adopts a creaky low-pitch speech style and features 'whatever' would be pronounced more like 'whateverrrrr'. Some commentators

was the most competent, educated, trustworthy, attractive and ultimately the most participants viewed female vocal fry speakers more negatively than men. hireable for a job. Their conclusion was interesting too from a gender perspective as speaking voice and then with a vocal fry. Participants were then asked to judge who say 'thank you for considering me for this opportunity', firstly in their normal participants listen to the same person (with both male and female speakers featured) of the public. In a small-scale study, researchers at Long Island University let it. In this article, the authors cite the study that brought vocal fry to the attention comprehensive account of the rise of vocal fry and the linguistic research surrounding Times titled 'They're, Like, Way Ahead of the Linguistic Cumrve' offers a For further reading, a 2012 article from the Science section of The New York

4.5 Occupational talk: conveying a gendered identity in the workplace

more senior leadership roles in more formal settings like business meetings. male employees in large call centres to the types of language used by women in activities. These have ranged from studies into the language used by female and women's interactions and in their linguistic behaviours in a variety of workplace have been keen to see if there are differences (or similarities) between men's and The workplace is now an important place to explore gender and so researchers

examples from her research that she gives to illustrate how women double-voice: gender identity in the workplace. She believes that as women are more aware Russian philosopher Mikhail Bakhtin) is interesting to apply to an exploration of Judith Baxter's (2014) concept of double-voicing (drawn from the work of the they adjust their own language to reflect this knowledge. Here are some real than men that the people they are interacting with may have other agendas,

- 'I realise I am being over-simplistic as usual but..
- 'You have probably thought about this point already but...'

- 'I have probably got my wires crossed but should we consider...?'
- 'I am no expert like the rest of you but..

voicing might take but significant here are two: anticipatory and mitigating. Baxter offers a number of categories to describe the various forms that double-

- With anticipatory double-voicing a speaker demonstrates in their language deflect the criticism they expect that they have anticipated the response of others and attempts to dilute or
- With mitigating double-voicing a speaker attempts to build solidarity and of women's language ways that speakers double-voice may be marked by many of Lakoff's features might also appear tentative and defensive. You can see how some of the

and she concludes that women use this as a method of gaining approval. Baxter's workplace research shows that women double-voice more than men

KEY TERMS

the agendas of the people with whom they are interacting Double-voicing: where speakers adjust their own language to reflect

and dilutes the criticism of others Anticipatory double-voicing: where the double-voicing anticipates

distance, reduces authority and builds solidarity with a team Mitigating double-voicing: where the double-voicing offsets the

ACTIVITY 4.2

Investigating women's language in the workplace

the features of women's language: school. As you read the transcript, have in mind Robin Lakoff's list of meeting about her new training role supporting teachers across the In Text 4C a female teacher is speaking in her weekly department

- Hedging (with phrases like sort of and it seems like)
- Politeness strategies and apologies
- Tag questions
- Empty adjectives

- Hypercorrect grammar and pronunciation
- Direct quotation
- Turning declarative statements into questions
- Using qualifiers (for example, 'I think that...')
- Modal constructions
- Indirect commands and requests and intensifiers (like 'so' and 'very').
- 1 Which ones can you identify the female speaker using in this single speaker discourse?
- 2 What do these suggest about women's language and the speaker's presentation of her identity?

Text 4C

feedback although that's not compulsory (.) you don't have to do that want an outsider you want someone to come and watch a bit and give you with people from other departments and maybe get a fresh perspective sharing good ideas within college (.) um so it's an opportunity to work lessons if you want us to er (.) if you want to try something new and you and share ideas and good practice (.) um we're available to watch part of trying to (.) it's just rather than paying outside experts to come in it's about teaching staff here are very good most lessons are two (.) erm so we're not know (.) [reading from the script] ask them what he does is to stress that anything (.) we're just championing the cause of teaching and learning more that you know we're not kinda going in with all the ideas um you groups of volunteers and none of us is trying to claim to be experts in Lesley (.) um the idea is that we lead small (.) I'm leading small collaborative to explain it today (.) wouldn't necessarily mean you're working with me or willing to meet as well (.) so it wouldn't necessarily be just cos I've come with would depend on what you were interested in and when you were [she lists all the champions by name and subject] (.) who you'd be working saw some of them in the advert last week (.) erm there's myself and Lesley wanted to sign up (.) um how to do it (.) there are ten champions (.) you know who I am (.) um I've just come to let you know what's involved if you Teacher: um (.) right well I'm supposed to introduce myself but I think you

written contexts performing gender in public and 4.6 Social constructing self:

among men and individual differences among women. presentations of masculinities and femininities, as well as individual differences ethnicity and gender. It also takes account of the fact that there are multiple important as it pays attention to the interaction between factors such as class, alongside gender. In a post-structuralist view of gender, diversity is seen as beginning of the chapter – that other aspects of identity might be important difference approach but includes some of the ideas that we considered at the recognition that 'differences' might also exist. This is not a return to the 1970s However, an up-to-date view of gender is to combine this approach with a We have already looked at a social constructivist approach to gender identity.

the performance of gender and as agents seeking romance idea that people have agency and can position themselves. We will explore this and make deliberate choices to reflect these. Associated with performativity is the aware of the language behaviours associated with masculine and feminine identities continuously being performed (explored in Chapter 1), suggesting that people are Part of this post-structuralist approach is Judith Butler's notion of gender idea of women and men as having agency in the following activity that focuses on

and sees that many perspectives exist rather than one fixed meaning Post-structuralist: a theory that rejects the notion of binary oppositions

is connected to the action expressed through the verb Agency: a semantic concept where the agent (the doer of the action)

ACTIVITY 4.3

Investigating dating language and gender identity

4.1. These would appear in British broadsheet newspapers like The partner for romance Guardian. Ordinary people write these advertisements to try to find a Look at the examples of personal advertisements shown in Table

writer has to choose their words carefully to both position and present These short advertisements are constrained by word limits and the

> is also in many ways interactive and negotiated as the personal advertisements are intended to be interpreted by a text receiver for a the identity of their perfect match. Thus the construction of identity themselves and to state their ideals in a partner in order to construct match and potential date.

- How do other identities interact with gender in these adverts?
- feminine identities? In what ways are the writers 'performing' gender? they seek in a new partner. How do these construct masculine and themselves and the adjectives they use to describe the attributes Create a list of the adjectives used by the women and men about
- Is there a difference between the language used by men and describe themselves and describe what they 'seek' from a partner? women to present themselves and to present the 'opposite' gender? What agency do the writers show? How do they use noun phrases to

refers to no smoking. of advertisements, GSOH stands for good sense of humour, LTR means long-term relationship, WLTM indicates would like to meet and n/s To help you understand the initialisms commonly used in these types

Table 4.1: Personal advertisements

Personal advertisements written	Personal advertisements written
by women	by men
Beautiful Blonde Saxophonist.	Almost Too Good To Be True.
Slovakian F, 40s, fit, intelligent,	Tall, charming, considerate
elegant, many interests. Seeks	& unassuming M, 47, various
tall, professional, successful, M,	creative and active interests.
55-60, n/s with GSOH	Seeks a friendly, feminine lady for
	something serious.
Attractive, Professional brunette	Sheffield Bloke, 44, only looks 43.
F, early 40s. Seeks handsome,	Can appear interesting on a date.
sincere M for friendship.	Think John Lennon with a touch
The state of the s	of Elvis thrown in and that's me.
Tall, Good-looking F, 62, loves	Pink Floyd Fan & History and
cooking, ballroom dancing &	Politics Loving Lecturer. Slim M,
spoiling people. Seeks good-	71, in good state of health seeks
looking, kind, sweet-natured M	r/ship with slim F. Together to
with a social conscience.	make life fun.

gender identity in a modern world 4.7 Performing and constructing

context is whether these are public or private. consideration that we might make as we communicate in a computer-mediated either express or construct the identities that we want to present. Another interests with, and so on. In all these, we use language and other features that communities and groups: family, friends, colleagues, people we share these hybrid online modes, we communicate with a wide range of different yourself and your own constructed identity in these genres and text types. In of genres: blogs, posts, direct messages, forums, tweets, and so on. At the beginning of the chapter you were asked to reflect on these in relation to communication, identity can be presented in many ways and in a wide variety Clearly in a world governed by social media and computer-mediated

of their interaction, in addition to the more subtle presentations of feminine and masculine behaviours. daughter. Think about how they are 'doing' gender and making it an explicit part limited to close family members. As you read, note the gender identities that are being presented in this family exchange between a father and his 21-year-old Text 4D shows an exchange from a family WhatsApp group – a private group

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Text 4D



verbs 'switch' and 'start', and is elliptical in style. perhaps in a humorous mocking way as Izzy's 'mr' may just be a typo of 'my' and communication within the family group chat by requesting her father's assistance. stereotype of men as more technical and women as more interested in interactional father's response to Izzy's interrogative is also imperative, instructing Izzy with the her father as 'boss' reaffirms her view of him as in control of the technology. The and social relationships seems confirmed here by the daughter's directing of her when this is sorted to granny's phone call and directly addresses her mother. The her dad responds to this by playing on the female term. Yet Izzy's later address to Gendered address terms, such as 'mr father' and 'miss daughter' are used, although the name of a British internet provider), Izzy addresses her father but shifts topic this links to gender identity. With the topic of the internet not working (Virgin is What you might have picked up on is the function of the exchanges and how

RESEARCH QUESTION

Identity in the workplace

experiences in a workplace. as the texts listed at the end of this chapter) and reflect on your own explore further studies and their findings through wider reading (such research into gendered identity in the workplace and you could conduct more research. For example, there has been much recent You could take any of the central ideas discussed in this chapter and

use key words to find information on research by people such as Janet Holmes, Marie Stubbe, Judith Baxter and Sara Mills. Using a search engine like Google Books or Google Scholar, you can

4.8 Conclusion

around their gender. This is something that you may want to return to once you and how other people make judgements about them based on expectations based have explored some key research methods in the next chapter. behaviour might impact both the ways that women and men present themselves in corporations. In these settings ideas about what is masculine and feminine contexts; for example, in areas such as politics and high-level leadership roles the larger picture of male and female identity within very high-profile and public via computer-mediated communication. What we haven't focused on so much is same time as in the 'virtual' world so often now contained on our smartphones or these identities simultaneously – interacting with others in the 'real' world at the settings. With today's communication methods, we can perhaps even manage gender can be performed, constructed or expressed. These demonstrate the In this chapter, you have explored a variety of interactional situations where flexible nature of our identities as we move in and out of different interactional

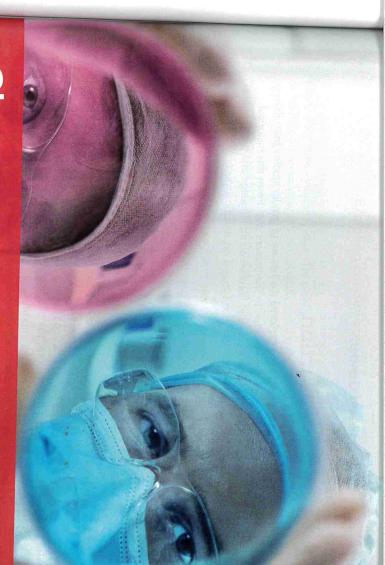
Wider reading

You can find out more about the concepts and ideas in this chapter by reading

Connell, R.W. (2005) Masculinities (Second edition). Cambridge: Polity Press.

Eckert, P. and McConnell-Ginet, S. (2013) Language and Gender (Second edition). Cambridge: Cambridge University Press.

Holmes, J. (2006) Gendered Talk at Work: Constructing Gender Identity Through Workplace Discourse. Oxford: Blackwell.



Exploring gender: applying research methods to data Chapter 5

In this chapter you will:

- Learn about different research methods
- Explore how theories about gender can be applied to data
- Develop your own research skills