




LEVEL 3 PERFORMING ARTS
 Extended Certificate / Diploma
UNIT 20 Developing The Voice For Performance
 I.V. AWP

**LEARNING
 AIM
 D**

SKILLS AUDIT UNIT 20 (Start of Unit)

PRACTITIONER		
Date Assessed	8/10/18	SIGNATURE 

	Outline your knowledge and current skill level for this set of skill. State what you consider your strengths and weaknesses for each. What evidence are you basing these findings on?			
	Needs Improvement	Satisfactory	Good	Excellent
Knowledge of areas of the body relevant to voice production		X		
Knowledge of sound formation		X		
Centring		X		
Weight Placement		X		
Posture	X			

Describe: Define / describe this collection of skills – show that you understand the skills (150 words) *15*

This collection of skills all have in common the fact they require skill in knowledge of how the body should be working so that the performance is at its best. For example, knowing how your posture should be would mean that you will be able to correct it when going to perform. Good posture would be when your body has evenly distributed the force of gravity so that your spine is aligned, your shoulders are rolled back and head is lifted through the neck without the chin moving up. Knowledge of sound formation is where you understand how you should properly be forming sounds and the names of them. For example, fricative sounds (f or v) are produced by blocking the flow of air by resting the top layer of teeth on

Describe: The importance of this collection of skills for a professional practitioner – show that you understand the skills (150 words)

This collection of skills are very important to a practitioner as it can affect the way you understand how your body should be and how this can affect your performance. Good posture is extremely important to a professional practitioner as it can have a massive impact on the performance and the delivery of speech. By having an opened up chest, it allows a deeper chest resonance and allows vocal projection to occur with greater ease. It also means that you are giving a confident impression to the audience that you know what you're doing and gives a greater stage presence. Knowledge of sound formation is also important for professional

Evaluate: Your skill level – give evidence / how do you know and what can you now do to improve your skills level (150 words)

I think this selection of skills generally is one of my weakest areas as a performer. After my mock audition I received a selection of feedback from peers and teachers. One piece of feedback was that my posture is still a weak area I need to focus on as sometimes my shoulders fall forwards, which can then affect my resonance and projection negatively. To improve this I will complete a series of exercises, like The Alexander Technique, which aim to improve posture. I also need to carry on to improve my knowledge of sound formation as if I improve it my production of sound may improve and I won't become lazy with the way I am speaking and forming sounds, which will help an audience to understand what I am saying.

Initial Audit / Identifying / Action Planning – Unit 20

**Class
action**

SETTING LONG TERMS TARGETS

**LEARNING
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PRACTITIONER'S NAME	[REDACTED]
Date target set	9/11/18
AFTER AUDIT	Number 1

Long Term Target	Specific	I need to improve on my vocal resonators. more specifically being able to engage with my chest resonance when I am performing a monologue or speaking on stage. By improving this skill. I will then be able to project my voice further and with ease as there is greater strength from the chest, compared to throat or head resonance. I need to improve this because, from feedback I learnt that my chest resonance is weak, therefore I need to improve this so I am not just performing in my head resonance or throat resonance	P5 M4 B3
	Measurable	I will measure this by making sure when I am taking part in any speech, specifically our next performance (loose lips) I will try to use my chest resonance so that I am also projecting more in the pieces. This is a good opportunity for me to practice using chest resonance in a performance in front of an audience.	P5
	Achievable	This will be achievable by completing vocal exercises regularly outside of lessons which are aimed to improve and engage with your chest resonance. For example, an exercise I could complete would be singing different vowel sounds to access different resonance areas, the sound 'ahh' to focus on the chest resonance and ooh to focus on head resonance. I would use this and change between the two and complete scales with my singing teacher (outside of college) so that I am working on both of the areas.	M4 B3
	Realistic	This is a realistic target because many of my peers are able to engage with their chest resonance when they are performing which shows me I should be able to achieve this when I am performing also. I know that this target is also challenging because I am not naturally choosing to use my chest resonance in performance, but I know I will be able to reach this eventually because in exercises I am able to find my chest resonance.	B3
	Time	I want to increase on this skill within two months because I think this will allow be to develop my chest resonance and for my body to start using it naturally and as an instinct. I also think this is suitable as I want to get used to the feeling of it more and more and to not push my voice incorrectly or too much, which could damage it. My Target Date: 11/1/19 Review Date: 14/12/18 I will review this target just over a month after its set as I think that I will be able to see some improvement if the exercises are effectively working and I am making good use of my time. If i do not see any improvement I will revise my choice of exercise and come up with alternatives.	B3 B3