

**LEARNING AIM**

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**SETTING LONG TERMS TARGETS**

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| **PRACTITIONER’S NAME** |  |
| **Date target set** |  |
| **AFTER AUDIT** | Number 1  |

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| **Long Term Target - PHYSICAL Change the red text depending on which section you are writing about****You do 4 of these – one for each heading** | Specific | Delete guide text: EXACTLY what is it you want to achieve (state: which, who, what, where, when, why,)I need to improve on … |
| Measurable | How will you demonstrate that your target has been met?I will measure this by…. |
| Achievable | How will you ensure this is in your ability? Are there specific resources that can assist you? Can it be done at all? This will be achievable by…. |
| Realistic | It should be challenging but realistic. Why/how is it realistic? This is a realistic target because… |
| Time | Clearly specifies target dates, review dates. It will give a feasible deadline and a reason. I want to increase on this skills within (insert time scale)….Because…. |