

Technique Three :: **Mnemonics**

**T**here are lots of different types of mnemonics to choose from (the *m* is silent). Give some of these a try...

## First letter triggers

Take the first letter of each word you need to remember and use them to make an imaginative sentence. The first letter then triggers the original word when you need to remember it. Try your own ones on the next page.

<b>MY</b>		<b>Mercury</b>
<b>VERY</b>		<b>Venus</b>
<b>ELDERLY</b>		<b>Earth</b>
<b>MOTHER</b>		<b>Mars</b>
<b>JUST</b>	=	<b>Jupiter</b>
<b>SPEAKS</b>		<b>Saturn</b>
<b>UTTER</b>		<b>Uranus</b>
<b>NONSENSE</b>		<b>Neptune</b>

## Visual triggers

What shape does Italy look like? Sometimes you can easily associate a more familiar image with a less familiar one. Other times you might like to 'force' an image. For example, to remember how to spell *simile*, you might image two *similar smiles*. Give it a go yourself ...

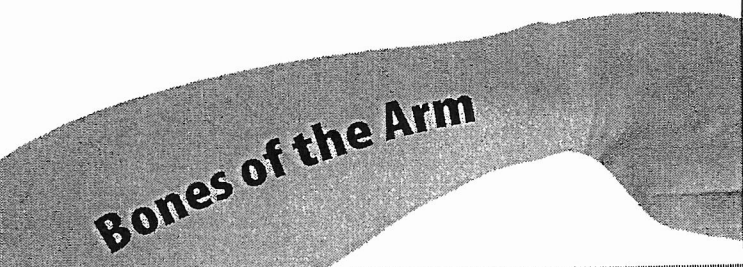


## Rhyming triggers

Rhymes, rhythms and tunes help to keep information in your brain because they are fun and creative. If there's enough time, you might like to come up with your own rhyming trigger.

“*In fourteen hundred  
and ninety-two,  
Columbus sailed the  
ocean blue.*”

Scapula \_\_\_\_\_  
Clavicle \_\_\_\_\_  
Humerus \_\_\_\_\_  
Ulna \_\_\_\_\_  
Radius \_\_\_\_\_  
Carpals \_\_\_\_\_  
Metacarpals \_\_\_\_\_  
Phalanges \_\_\_\_\_



Protostar \_\_\_\_\_  
Supergiant \_\_\_\_\_  
Supernova \_\_\_\_\_  
Neutron star \_\_\_\_\_  
Pulsar \_\_\_\_\_  
Black hole \_\_\_\_\_

Try turning these words from English lessons into visual triggers:

Metaphor \_\_\_\_\_  
Alliteration \_\_\_\_\_  
Onomatopoeia \_\_\_\_\_

Try turning these words from Business Studies into visual triggers:

**Or make up some of your own!**

Remuneration \_\_\_\_\_  
Data Security \_\_\_\_\_  
Monopoly \_\_\_\_\_

Your own rhyming triggers (or extra space):