**Sampling Techniques**

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| **Sampling Technique** | **Description** | **Strengths** | **Limitations** |
| **Stratified Sample** |  |  |  |
| **Random Sample** |  |  |  |
| **Systematic Sample** |  |  |  |
| **Opportunity Sample** |  |  |  |
| **Volunteer Sample** |  |  |  |